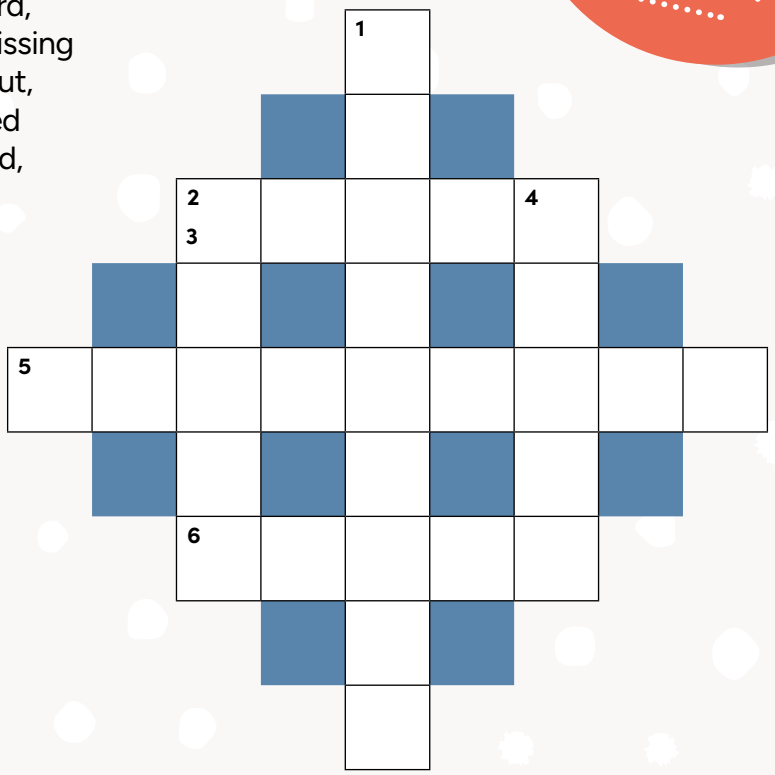
Take 5

Put your feet up and enjoy a mindful pause with these puzzles

How did you do? Visit the 'Freebies' section on shop.happiful.com to find the answers, and more!

Diamond crossword

To solve this compact crossword, use the clues to uncover the missing words in the grid. To help you out, each letter that features is noted below, so this can be completed, even if you've only got a few minutes to spare.



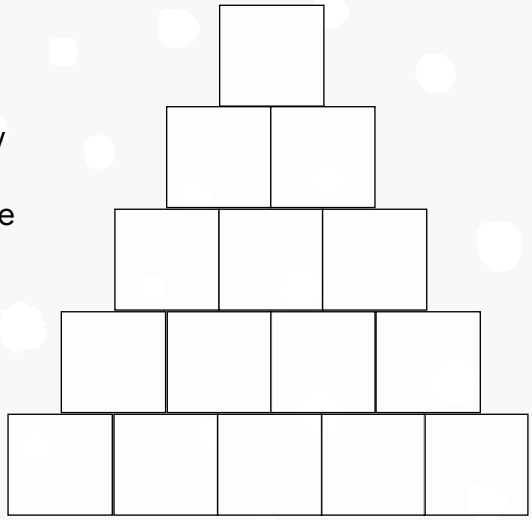
DOWN
1. Sausage dog
3. Stolen goods
4. An exclamation!

ACROSS
2. Fortunate
5. Follow in someone's
6. Not north

LETTERS YOU'LL NEED:
FDLUOHUEYAOCTDHKESTSSPOTHNTSO

Word pyramid

Complete the pyramid by solving the clues, filling in each row with one letter per box. The trick is that each row uses all the same letters as the row before it, plus one new letter – but the order can change. Time to test your vocabulary!



CLUES
1. Me
2. Exists
3. Title
4. Ascend
5. Alarm

Take 5

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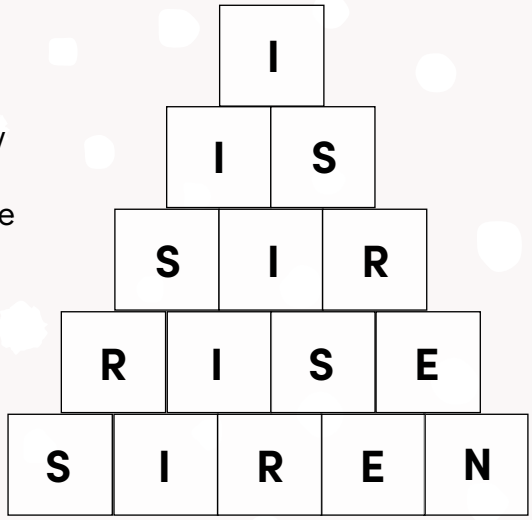
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